

### Covid-19 In-Person Clinic Phases: Policies and Procedures

In-person is optional and you can choose to continue telehealth as long as you want and are able to do so\*.

\*Insurance providers may not cover telehealth visits indefinitely; it will be your responsibility to verify your benefit coverage and pay for any services not covered by your plan.

#### Phase 3: CURRENT

- In-Person Sessions are available to:
  - Clients up to date on Covid-19 vaccine/boosters. (ALL STAFF OFFERING IN-PERSON APPOINTMENTS)
    - All clients 6 months of age and older must be up to date and attest.
    - Parent(s)/guardian(s) of minor clients must be up to date and attest.
  - Clients NOT vaccinated against Covid-19 or NOT up to date on Covid-19 vaccine/boosters. (ONLY WITH A FEW PROVIDERS)
    - All clients NOT vaccinated against Covid-19 or NOT up to date on Covid-19 vaccine/boosters will wear a mask while in The Family Development Center clinics.
- Clinicians will disinfect/sanitize surfaces between client visits in their offices.
  - Hard and frequently touched surfaces such as doorknobs and tables will be disinfected.
  - Soft surfaces such as sofas and pillows will be sprayed with a mild sanitizing solution.
- Hand sanitizer will be available for use upon entry and exit.
- The waiting room remains open.

#### Phase 4: Once the vaccination rate has reached 70% of the (United States) population

- Business as usual!

Covid-19 Vaccine for Children & Teens: [COVID-19 Vaccine for Children and Teens](#)

Stay Up to Date with COVID-19 Vaccines: [CDC Recommendations for every age](#)

#### [Covid-19 Vaccination Status Attestation](#)

Please use the link above to attest to this agreement. For couples, families, or minor clients, please complete a form for each member involved in and/or attending or accompanying in-person sessions.

#### During All Phases:

- Sessions will move to telehealth if the client, clinician, or anyone in either household is ill (any illness).
- Masks will be worn if you, or a member of your household is recovering from being ill (still have minor symptoms).
- Masks may be required in any phase based on client or therapist preference or current positive COVID-19 case rates.
- The Family Development Center reserves the right to update our Phases or return to previous Phases at any time.

**We thank you for your cooperation in keeping our staff, clients, and MN Safe.**

## Watch for Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. **Symptoms include, but are not limited to:**

- Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
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## Reporting Symptoms or Test Results (to The Family Development Center)

Please inform us if anyone who has had contact with our staff experiences symptoms or tests positive for Covid-19.

[Covid-19: Report Symptoms or Test results](#)

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The MN Department of Health: [Stay Safe MN COVID-19 Testing Recommendations](#)

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